

Basic

\$50 + Parts

- ✓ Precision Gear Adjustment
- ✓ Precision Brake Adjustment
- ✓ Lubricate chain and Derailleurs
- ✓ Wipe down Fork and frame
- ✓ Inspect and inflate tyres

Recommended Every 3 Months

Comprehensive

**Road \$250 / MTB \$300
+ Parts**

- ✓ **Advanced Package +**
- ✓ Full strip clean and re-grease of headset and bearings
- ✓ Full strip clean and re-grease of Bottom Bracket
- ✓ Overhaul hubs and freehubs
- ✓ Wheels trued in stand
- ✓ Advanced Wash and Lube
- ✓ MTB - Brake Bleed Front & Rear

Recommended Every 12 Months

Advanced

\$99 + Parts

- ✓ **Basic Package +**
- ✓ Lubricate Brake Cables for more predictable braking
- ✓ Lubricate Gears Cables to minimise cable wear
- ✓ Minor wheel truing as necessary
- ✓ Tidy up bar tape if required
- ✓ Adjust headset and hub play
- ✓ Tighten cassette and hub play
- ✓ Fit accessories bought in store

Recommended Every 6 Months

All time

**Road \$350 / MTB \$375
+ Parts**

- ✓ **Comprehensive Package +**
- ✓ Complete strip of bicycle to bare frame
- ✓ Clean / re-lube derailleurs
- ✓ All cables replaced
- ✓ Comprehensive Wash and Lube
- ✓ MTB - Linkages stripped and bearings re-greased as needed

Recommended Every 12-24 months
with heavy use

Specific Issue? Minimum Mechanical workshop charge is \$10. We also have qualified wheel builders and suspension techs for more complex issues.

50% OFF all Labour for Additional Parts

Bike Wash

Buy 4 get 1 Free

Advanced Wash & Lube \$40

- ✓ Detailed wash of bike using our EcoSafe Parts Washer
- ✓ Lubrication of entire drivetrain using our Premium Lube products

ECOSAFE WASHER

Comprehensive Wash & Lube \$50

- ✓ Detailed wash of bike using our EcoSafe Parts Washer
- ✓ Lubrication of entire drivetrain using our Premium Lube products
- ✓ Premium Showroom Polish and Protection Applied to frame and fork

ECOSAFE WASHER

Suspension

50 HOUR SHOCK SERVICE \$59 + Seals

- ✓ Strip
- ✓ Clean
- ✓ Inspect
- ✓ New fluid & Lubricants
- ✓ Replace air sleeve / seals
- ✓ Set-Up Rider weight and rebound

50 HOUR FORK SERVICE \$99 + Seals

- ✓ Strip
- ✓ Clean
- ✓ Inspect
- ✓ New fluid & Lubricants
- ✓ Replace air sleeve / seals
- ✓ Check all valves and clips
- ✓ Set-Up Rider weight and rebound
- ✓ Dust Wiper seal kit
- replace Set-Up Rider weight and rebound

Overhaul of pivot points and/or bushings on frame p/hr

Install rear shock \$15

Wheel Builds

Rebuild starting from \$80 + Parts

- ✓ Strip
- ✓ New Spokes and Nipples
- ✓ Hub Overhaul

Customisation starting from \$80 + Parts

- ✓ Choose your Rim
- ✓ Choose your Hub
- ✓ Choose your Spokes

Simple Cycles Labour Costs.

Brakes

Adjust brake/install 'V' pad	\$15
Adjust brake/install canti pad	\$20
Adjust brake/align/bleed disc brake	\$35
Install disc pads & reset/align piston & caliper	\$20
Install hydraulic line	\$25
Trim hydraulic line	\$15
Install 'V' brake	\$20
Install caliper brake	\$20
Install cable disc brake	\$25
Install disc brake without bleed per end	\$25
Install brake cable & adjust	\$20
Install brake levers & adjust	\$30
Install brake cable and outer & adjust	\$30
Electronic Drivetrain	
Gear tune Shimano Di2	\$40
Gear tune Campagnolo EPS	\$50
Gear tune SRAM Etap	\$40
Install Shimano Di2 group set and tune	\$250
Install Campagnolo EPS group set and tune	\$250
Install SRAM E tap group set and tune	\$250
Software update for Shimano Di2	\$50

Headset

Headset adjustment	\$15
Headset installation	\$35
Headset overhaul	\$35
Install head stem with removable face plate	\$15

Drivetrain

Adjust BB (with lock ring)	\$20
Install cartridge BB with cranks	\$35
Overhaul cartridge BB	\$35
Install BB onto bare frame	\$20
Face BB & chase BB threads	\$50
Install 1/2 or 3 piece cranks & BB	p/hr
Install chain rings (each)	\$15
Install chain	\$15
Install/remove pedals	\$10

Handlebars

Install bar tape	\$15
Cut down handlebars	\$15
Install cassette/freewheel	\$15
Install grips	\$10
Install MTB handlebars	\$25
Install bar ends	\$10
Install road handlebars	\$45
Install aero/fit bars	p/hr

Forks

Cut steerer	\$25
Fork installation	\$45
Fork & headset installation	\$60
Install star nut	\$10
Gear tune (per end)	\$15
Install shift cable & adjust	\$20
Install shift cable & housing plus tune	\$30
Install STI shifters & adjust	\$80
Install MTB shifters & adjust	\$60
Install derailleur & adjust	\$30
Straighten & align rear derailleur hanger	\$15

Wheels and Builds

Glue tubular tyre	\$60
Install tyre/tube per end	\$10
Install/setup tubeless per end	\$15
Install rear wheel/swap cassette	\$20
Hub bearing adjustment	\$20
Wheel true (per wheel)	\$15 - \$30
Wheel build	starting from \$80
Spoke calculation	\$15
Install spoke & true wheel	\$35

Warranty charges

Frame swap	\$200
Frame swap with parts clean	\$250

Miscellaneous

Baby seat installation	\$35
Installation of rear pannier rack	\$30
Box bike for travel/freight \$60	\$60
Installation of cycling computer	\$20